Jennifer Pipp Tribe Leader: C.Girvani Leerer

South Illumination

April 2010

Client Background:

Lisa is a 41-year-old Film Professor and artist who is a friend of mine for a long time. She lives with her boyfriend and teaches part time at two different universities. She recently bought a new home. She is very active and enjoys regular yoga classes and racquetball. She was divorced 10 years ago and changed her life from business to art.

Lisa is not familiar with energy work but she does do yoga regularly.

Presenting problem:

Lisa has been suffering from insomnia for over a decade. She can’t sleep through the night ever, she doesn’t remember being able to sleep through the night since her divorce. She has tried herbal remedies to help. So far she has not had great results.

Session:

I had Lisa relax as I opened sacred space. She described her sleeping troubles and worries at night. I opened my wiracocha. As the story was described the energy of the situation came up and I asked Lisa pick a stone from my Mesa. She picked the round blue south stone. I had Lisa close her eyes and trace the feeling back along her personal timeline as it all came up I had her blow it into the stone. I had her lie down and tested her chakras with my pendulum I found her third chakra activated. I unwound the chakra and placed the stone on her third chakra. I went to her deepening points and had her breathe in through her nose and out through her mouth. As I felt the energy build up by tracking its reflection on my field I moved to the release points and unwound the chakra to help remove the hoocha. I had her breath deeper and more hoocha was removed from the second chakra. She said that she felt like there was a plugged volcano in her chest, she sensed a cold we breathed through one more round and she felt the energy release and she felt a giant smooth seed replace the volcano. I removed the stone I cleared out the chakra with my rattle one final time. I scooped the energy down from my wiracocha, and illuminated the third chakra. I then used my fingers to close the chakra by moving them clockwise.

Mapping:

I had her stand and connect with the seed that she found during the session. I asked her to find the movement that came forth when connecting to the energy. She stood in a powerful posture and I mirrored it with her. Her arms were out and she said it felt good and she felt ready.

Follow up:

I called to find out how things were going after one week and spoke to her again in a month. A big shift had happened, she had slept for six hours straight for the first time in years and after a month she was still sleeping better than she had in a decade. This additional sleep was doing wonders for her energy.

Jennifer Pipp C.Girvani Leerer

South Illumination

December 2010

Client Background:

Lacey is a 29-year-old woman who lives in Brooklyn and teaches elementary school in Manhattan. I have known her for four years. She has never had a shaman session before. She regularly gets acupuncture, goes to a body talk therapist and takes Chinese herbal medicine. She lives with her girlfriend.

Presenting Problem:

Lacey is worried that she is not doing the right thing with her life. She often feels foolish or doing things wrong at work. Feels criticized a lot. Felt like she often did not know what was going on while she was growing up. Thinks it is ok to not know when you are in your 20’s but should know now. Feels out of place. She has a very unstable abusive relationship with her girlfriend.

Session:

Opened sacred space.

She described her problem. She felt it mostly in her third eye but also in her arms. I opened my wiracocha over her.

She picked my yellow south stone (first time this stone was selected) she blew into it, I asked her to drop deeper and see if there was more. She blew into the stone more. It tested for the 2nd 3rd 4th 6th and 7th charkas. It was very strong in her 6th I pressed her deepening points and had her start breathing and asked her what she had for lunch. It still tested positive in her chakras. I back wound her second chakra and placed the stone. I also shook the rattle lightly over her other affected chakras to loosen the energy. I had her breath deeply and I placed my fingers on her deepening points.

I had her visualize her sensations moving towards the stone. I felt the energy build up quickly several times so I would back wind with my rattle to clear it. I also felt energy blocking the heart area so I would clear it with my hand. I saw some purple energy around her head that I helped move down by brushing my hand.

I asked what she was experiencing and she said she was hearing a lot of critical voices speaking to her. I had her continue to breath and let the energy move to the stone. I asked again and she said she wanted to movie away from the voices. She felt that she could go some place better. I sensed it was time to move towards a decoupling. I did one more round of back winding then removed the stone and cleared the space. I illuminated and felt the area vibrate well. I proceeded to the decoupling placing my hands under her heart and took her to Pachamama and could feel a shift when she gave her burdens away. I then had my hand under her heart and sacrum and had her visualize her whole body with the rhythm of Pachamama. When I finished she told me that she was seeing places that she wanted to go, imaginary places, but familiar like kitchens and living rooms. Simple and pleasant.

Mapping:

She mythically mapped how this felt to her in my mesa. She wanted to hold the mesa like a bundle up to her second chakra to integrate it. I explained that this energy was with her now and she could visit it several times a day to help it grow. I told her she could create a bundle of her own that she could use in the same way to symbolize this pleasant place she wants to go.

Follow up:

I spoke to lacey a week after the session, she was still feeling good and expressed a desire to do more work. She felt that things were shifting that more order was coming into her life. Within a month she broke up with her girlfriend. Subsequent sessions followed.

Jennifer Pipp C.Girvani Leerer

South Illumination

January 2012

Client Background:

Tracy is a performance artist and teacher who is in school to get masters in teaching credentials. She lives with a roommate and her cat. She is a friend I have had for many years. She has been in and out of dramatic relationships. She was abused when she was a small girl, and has a strained relationship with her biological father and stepmother. Her mother passed when she was a small child. Tracy has had 6 sessions; she is a close friend of mine.

Presenting issue:

Having serious issues with finding a partner that feels good to her. Someone that she had recently dated was not giving her the space she needed. This was pushing all sorts of buttons for her. She also is experiencing big feeling of lack not just in the area of her partnerships but the rest of her life as well.

Session notes:

I opened sacred space as Tracy relaxed and then opened my wiracocha over her. She is familiar with the process so we jumped right in. She began to select materials as she described how she feels foggy about her past. She picked some sugar I had hand died purple and covered the pattern of the cloth. She piled up some other objects around the sugar. The sugar and the veil she had created to her past became the main focus of the map. I asked her what she wanted to do, and she said she wanted to see more but she didn’t feel ready yet to know everything behind the cloud. At this stuck point I had her pick a stone from my mesa, she picked my east Lemurian quartz, and I had her blow the fog, the pattern and the energy behind it into the stone. I also had her trace back and forward in her life and back to the present to gather all treads from this fog and blow them into the stone. I began the illumination; I had her relax and engaged her deepening points. I tested her chakras and found that this was in the second chakra and also her fourth faith and sixth. I unwound the second chakra and placed the stone. I was called by Pachamama to bring her down first. So I decoupled her by bringing her to the heart of Pachamama, and had her give her burdens to her. This created a big release and her heart and then her entire body came into the rhythm of Pachamama. Then we continued with the illumination, I engaged her deepening points and then her release points and backwashed the second chakra. I loosened the energy around the heart with the rattle. We did another round of her breathing deeply and allowing energy move towards the stone. Energy was moving much more easily than in previous sessions, she did not have too much sensation. I held the release points on more time and flushed out the second chakra with the rattle and flung the rest of it to the side. I removed the stone and cleaned it one more time. The chakra was ready for illumination so I scooped my hands into my 8th chakra and brought them to her second and filled it with light, as it mirrored itself in my chakra. I wound the chakra clockwise and it was spinning well.

Mapping:

I gave her a second as she came back into the room and had her look at the map. I asked her how it looked to her now. She found it much lighter and she said she was ready to see the pattern behind the fog. She started to brush it away, with her hands and also a feather. As the area cleared she felt relief. The sugar was gathered onto a piece of paper. The cloth sparkled from the little bit of sugar left, giving her a special kind of vision. I asked her if she would like to honor the sugar we removed. She did. We did a water ceremony for it with special ceremonial water I received from the Twin Shamans of Peru. She thanked it and we lit a candle to commemorate the event. I also sprayed her new image of clarity with spirit water. We scooped it into our second chakras. We also brought it to the body; there was a happy bubbly movement that we mapped.

Follow up:

Tracy shift was strong a week later. She was in wonderful sprits and planning a trip to Sedona to meet with a family member and connect to her birth mother. This was a new venture for her, traveling to this place that she had wanted to go for a long time. Her positive outlook was stunning, such an awesome shift into seeing all the gifts she had.

Jennifer Pipp C.Girvani Leerer

West Extraction

April 2011

April 2011

Client Background:

Emma is 32 and studied art. She is a park ranger in Boston, and also spends time traveling to South America to train in herbalism and survival techniques in the wintertime. She is a friend of mine I have been closer to in the last few years.

Presenting Problem:

She had been experiencing increasing relationship drama and it had gotten particularly explosive. This was her first boyfriend, and although she doesn’t like a lot of things about the person she is seeing, and he doesn’t see eye to eye with her about spirituality, she is afraid someone else will see him. She felt she was using her intuition in destructive ways. Bringing bad things into her world, but she wasn’t totally sure. She knew her jealousy was making the situation much worse and not allowing her to move on when she needs too.

Session notes:

Opened sacred space.

Opened wiracocha.

Had her find the story in her body she felt it in the front of her face and in her stomach little, a mild version of what feels sometimes. I had her go back into her history to see if she had felt this way before. She traced it to a betrayal of friends in the past; she has to be wary of friends with boyfriends. Goes back to high school.

I had her blow this in the stone three times.

Tracked in her first, third, fourth, fifth, and sixth chakras. I asked her about her lunch to see if the chakra engagement changed. It was still strong in all those centers.

Unwound first chakra had Emma place stone on chakra.

Deepening points then release points. Removed hoocha by winding my rattle counter clockwise in her chakra and throwing it off to the side. I could feel lots of energy working in her sixth chakra. I Asked her to let the heavy energy move towards the stone. Let the breath move it towards the stone. Visualize the energy moving towards it.

Called in ancestors. Called in jaguar to help me track,

Rattled around her body to loosen hoocha.

Felt a stone over her heart, had her breath deeply as I moved it off. Cleaned and checked the area. Asked jaguar to finish the mulching of the area.

We continued with more deep breathing.

I asked what the client was experiencing. Described trying to figure out trying to understand the feelings. She also said the stone felt warm. She felt something lying over her eyes. I let her know we were shifting into just breathing and letting go trusting that the energy will move where it needs to go.

I removed something heavy lying over her eyes like a heavy towel.

It was around a metal bar through the center of her forehead, which I pulled out. And cleaned the area and asked jaguar to mulch. My focus stayed on the area as it was cleaned and some light was added to her head as it was cleaned. We continued to breath and I loosened the energy all around her again.

I asked jaguar and the ancestors if there was anything heavy left to move and there was some heavy sand on her third chakra that I pushed off and cleaned the area. I cleared the hoocha out of the first chakra as I pictured all of the heavy strands moving towards my rattle. As she breathed and the rattle worked I could feel the heavy energy collecting until she felt light. Then I had her remove the stone. I added light from my 8th chakra and respond her chakra clockwise.

I then decoupled her. Her energy was vibrating strongly in its current pattern and it was resistant to pachamama at first. I did feel it loosen after awhile. When I decouple I feel a ball slowly rolling in the pattern of infinity. I know when the pattern clicks by the smoothness of this rolling. This one was oriented differently, away from me until I moved my hand under her sacral center for a few minutes. I sensed the release.

She was crying and spoke of how during the last piece when her heart was traveling to the center of the earth, she was remembering what she understood, that the earth would take care of her, from her ayahuasca ceremonies. She felt the way she had been thinking lately had betrayed this. She wanted to remember the earth and use her intuition for good things.

Mythic Mapping:

I asked her to get in touch with how feeling cared for by the earth and asked her to show me a gesture that matched it. She was down on her knees with her head to the earth. Then she adjusted her posture to have her hands on her head and elbows on the ground. I asked her to breath it into her first chakra, to come back to this place this is the seed of what we are growing. She then made a portable tiny version of the gesture, two cupped hands.

I asked her to visits the pose in the morning and at night and then another time she wants to grow this seed. I asked her to make an altar to being cared for by the earth. I also gave her shaman bath salts, and asked to hear back from her.

Follow up:

Emma followed her passion to a woman’s empowerment retreat and has continued her travels and studies. The weeks following the session were great. Yet time found her still very attached to her dramatic relationship, and despite interventions from friends and family she still is attached. She locates her peace inside how she is treated by this other person. She is aware of this and exploring what binds her.

Jennifer Pipp C.Girvani Leerer

West Extraction

April 2011

October 2011

Client Background:

Eleanor is a friend of mine, who used to be my film camera shop assistant. We have stayed in touch as she has begun to travel the world. She has begun the study of reiki and this was her first shaman session. Eleanor is 25. Eleanor works on a goat farm in Maine and spends a lot of time alone; she enjoys working there very much. She plans to move back to Costa Rica in the winter. She grew up in Denver.

Presenting Problem:

She had come for the session because she had recently had her body go numb while driving. She was taken to the emergency room but nothing was found to be wrong with her. The day before this experience the man she was in a relationship with broke up with her. He was a part of a close circle of friends that she treasured very much. She was at a very big event with thousands of people when this occurred.

Session notes:

I began by opening sacred space.

I opened my wiracocha. She showed me her story by acting it out with my sacred collection of objects. It ended with her being far outside a closed circle. She said it looked exclusive and closed. I had her blow this story into a stone she chose from my mesa. It was my red and white speckled ausangate stone. I also had her drop inside and trace the threads of this story earlier into her life. She remembered when she was eight with her family and her body went numb. She said she has been holding this back this entire time, trying to be normal. I had her blow this into the stone.

I had her lie down and tested her chakras. The effected chakra was her heart. I backwashed her heart chakra with my rattle and placed the stone. I used her deepening points to help her get more deeply relaxed and invited her to let all of the energy to move towards the stone. I released the energy and cleared the chakra twice. There was some heavy energy over her hips like a large stone. I moved it off and cleared it. I called on jaguar to help mulch any additional energy left there. I called on Apu Ausangate and the ancestors to sit with me. Felt a fluid energy that needed to be removed. I had her roll over and I sent energy up her spine by placing one hand at the base of her spine firmly and one at the top of her spine between her shoulders. I used fire of breath to send the heat energy up her spine into my other hand. I told her this would help bring energy to the surface that is ready to move. I had her lie on her back again and put the fingers of her left hand loosely over my extraction crystal. She relaxed her arm and I spoke to the energies telling them they were going to a safe place. There were a few of them, all soft and lost feeling. They easily transferred to the crystal. I placed the crystal in my mesa.

I had her continue breathing as the remaining hoocha moved towards the stone. I removed it, blew on it, and placed it back into my mesa. I back-wound the chakra one more time. I performed and illumination on the fourth chakra by scooping the energy of my eight chakra into her 4th and letting the energy their flow until it felt like it was overflowing and filling the adjoining chakras. I respun the chakra and pulled back my wiracocha.

Mythic Mapping:

We looked back at the Image she had created before the shift. She began to open up the circle and change how some of the items representing home and away. The items that represented her wound shifted and became a power object that gave her flight. She understood that she was keeping herself out. We spoke a bit about maintaining a healthy energy field. Originally I thought she was going to need the bands of power, but it was not required. I encouraged her to follow her interest in Reiki and let her know that the Munay Ki rites are available.

Follow Up:

She went back to the Goat farm and continued her internship. She felt a glowing and healing energy inside of her. In the winter, as she planned she has returned to the same community in Costa Rica and is doing well. She is involved in other relationships now. She has not had another episode of paralysis.

Jennifer Pipp C.Girvani Leerer

West Extraction

January 2012

Client Background:

Hennery is a 36 year old man, he has witnessed ceremonies in Nepal but this was his first experience of where an individual energy medicine session. He works as a Biological researcher at Harvard and wants to move away from that in a couple months to become a full time musical instrument maker. He is very involved with the community and Occupy Boston.

Presenting Problem:

He wanted to know how to better integrate all the different aspects in his life. He felt he needed to empty out all areas in able to be clear. He was particular interested in addressing the relationship area of his life.

Session notes:

I opened sacred space, the four directions and my wiracocha. Next I had him map out his current situation on a mesa cloth as we spoke. He had brought some sacred items he had a candle tobacco and a prism. He wanted to make an offering to universal wisdom. He lit the candle and we spoke about the fact that the candle had broken on his way to the session. He felt that once the candle had burned down enough it would get past the crack. I had him select from my selection of natural items and soon he had an arrangement that signified the many disparate aspects of his life. He didn’t like how many they were, he felt there were too many to address and stay sane. He identified himself as a shell walking around looking at everything. Immediately when I asked about how this felt he put the shell “belly up” and in the corner of the cloth. I had him lie down in the belly up position and continued to dig deeper into this. His first assessment was he being passive and dealing with being overwhelmed in a non-violent way. I loomed over him like the objects he had looming over him in the cloth and we found the fear underneath it. We addressed his questions about me, because we had a mutual friend he broke up with. We explored the fear, which was rooted in his hopes that positive information would be returned to her. I clarified that no information would be shared with her about the session. I found at this point the energy had been released and it was time to move it again. I asked him what he wanted to do from this belly up position. He said he wanted to move things and clear out the mess but he needed something to help guide him. He felt he was missing guidance. From this place I began the illumination, I welcomed Ausangate and the lineage of healers. I had him blow this energy into the stone he selected from my mesa. I helped him go deeper with deepening points and tested to find that his third chakra was affected. I unwound the chakra and cleared out the hoocha that was clogging it and placed the stone there. I had him breath deeply and the energy released into the stone rather quickly. And I held the release points to let it flow to the stone. I next found there was a collection of dense energy over the third chakra. I let Hennery know and had him breath out deeply as I Removed it like a boulder and tossed it to the side. Next I called on Jaguar to come clean up any residue that was left. I removed the stone and blew on it and placed it back in my mesa. I back wound one more time to make sure it was all clear. I called on sprit and asked it to fill my eight chakra like the sun and I scooped the energy into Hennery’s third chakra. I told him he could slowly wake back up and, he felt very good.

Mapping:

We looked down at the objects on the cloth and I noticed in his excitement he was waving his hands a lot to describe this feeling of not just being clear and empty to move forward but needing something wonderful to fill it with. I had him stand up and show it to me as a full body gesture. He held up his arms and bends his hands to make a smile with his whole self. He did and we both scooped it into our third chakras. We also mapped a mini version which was him smiling. And remembering the feeling of sun he experienced while I was working on him. We went back to the cloth and he rearranged the objects into groups that formed the four directions. And the prism entered the center. I gave him a feather from the map and he took his prism back with him to start an altar at home. He practiced his smile as well.

Follow up:

A week later I called and I found that Hennery was struggling with a deeper level of turmoil. Another new relationship had ended badly. I asked if the exercises were helping, he hadn’t had time for them. I sensed that he was trying to solve the problem outside of himself. He had taken time to go out to the woods and clear his energy and that had helped. We revisited the exercises and the popped the energy right back into the flow and he was seeing his story from the place of eagle again. Two weeks later I checked in again and he was in good spirits. He was given a place on a panel that he was trying to get onto for a month before hand. He also was writing music with ease and loving the results. I sensed the shift to his smile was now solid in him.

Jennifer Pipp C.Girvani Leerer

North Soul Retrieval

Session date: November 2010

Background information:

This is Casey’s 4th session, she has been practicing yoga off and on for years and occasionally will have acupuncture to reduce stress and increase energy. She lives in the city and has been fired from a few different administrative and retail jobs recently, due to lateness. She has just turned 33.

Presenting Problem:

Her life is really unstable at the moment. She is struggling with close relationships including her mother and a longtime friend. Her mother is having serious health issues that occupy her thoughts. She is constantly worried about making rent, finding a new job and finding new roommates.

Session Notes:

This Session was conducted over the phone.

To begin Sacred space was opened and I opened my wiracocha. The energy of the imprint was already at the surface. Her story is based around having to hold back her own energy in other people’s presence. We mapped this out with objects. She had a candle on her desk that represented her energy; She needed to not be lit because other people are bright. She saw this way of relating as a dependency on both parts the people that needed to be so bright all of the time and her withholding. With some people things felt more balanced and there was more sharing. She made a ring of stones with the candle and a butterfly in the center to represent the other person getting the attention and she was an unlit candle on the outside.

I had her drop inside and look back in time to see her earliest experiences with holding back her energy. She said no one instance stood out but she could feel the energy of the earlier experiences. There was one mid point experience that stood out, her mother and a friend had an exuberant exchange, she was quiet and scolded for being quiet. She felt she had to hold back because there was already too much happening and not room for more. A stone from Ausangate, reddish with white specks was chosen. I had her blow all of the memories and energy into the stone. I had her lay down and tracked the imprint. It showed up in her second, fourth and sixth chakras. I used my rattle counter clockwise to backwash the second chakra and placed the stone on it. I engaged her deepening and release points as the energy moved towards the stone and was cleared from the chakra.

I called in apu ausangate, the ancestors and Jaguar to help as the energy moved. I was called to go to the underworld for her. I began to shake my rattle and breath and went on the journey into the earth and found the stream. I let my body be washed down the underground stream and clamed onto the shore. I saw a few false [Huascar](http://latinamericanhistory.about.com/od/theconquestofperu/a/08huascar.htm), and some strange faces of horror. I called on the ancestors and they guided me to do an extraction. I removed the stone. With Jaguar near by I used my extraction crystal to clear out the heavy energy by moving it counter clockwise, and the underworld quickly cleared and I could see a flat desert plane. Her [Huascar](http://latinamericanhistory.about.com/od/theconquestofperu/a/08huascar.htm) showed up and led me to the chamber of wounds. In this chamber was an upset figure that disappeared. In the chamber of contracts the contract was “ you can only be yourself when you are alone.” I spoke to [Huascar](http://latinamericanhistory.about.com/od/theconquestofperu/a/08huascar.htm) and it was important to renegotiate the contract. It was changed to “ I am free to be me.” I move to the chamber of grace. There was a young girl that was zipping around the room. Her speed was impressive, it was hard to see her form clearly because she had the energy of pure movement. I asked if she was ready to come back, and she agreed. In the chamber of gifts I found a feather with a specially made glass bead at the end of it. I walked back to the river with [Huascar](http://latinamericanhistory.about.com/od/theconquestofperu/a/08huascar.htm) and the soul part and gift. I spent some time looking for an animal and many passed by. I then got the clear message that the power animal is represented in the gift’s feather. I thanked [Huascar](http://latinamericanhistory.about.com/od/theconquestofperu/a/08huascar.htm) and traveled back up the river and through the earth into my body. I blew the soul part into her second chakra and the gift into her heart. I removed the stone, blew on it and returned it to my mesa. I backwashed her second chakra one more time clearing the rest of the energy and illuminated her chakra and respond it with my fingers right above her body. I performed a decoupling allowing her to come back into the slow strong rhythm of Pachamama heart.

Mapping:

We then integrated the pieces. We first worked with the soul part. She embodied the energetic girl who told Casey that she wanted her to think of her and talk to her. She said she could help Casey do the things that she didn’t think she could do. Casey dropped into the energy of the contract and we worked it until it felt right the wording evolved into “I am free to feel good.” The gift of the feather bead was here to show her the lightness and beauty, and show her they are tangible. The Feather represented a falcon as well that can bring her focus, movement and soaring heights. It offered to share its vision from these heights.

Casey then looked at her circle with the stones, candle and butterfly. She moved the butterfly out of the center and lit the candle. She liked how the candle added a new light onto the other objects. We brought this image into the second chakra. She was going to create an altar welcoming the energetic girl and honoring the falcon, her new contract and her gift.

Follow Up:

Casey had reasons that she did not do the altar work and integration practices from the session. Instead she goes on walks as a way to intergrade her soul part, she also does yoga. I have noticed that Casey prefers to do things this way, and sometimes her outward shifts do not appear to come as quickly as other clients that are consciously integrating and working the material. I do notice that she has made an overall shift and things are coming together for her. She reports that she is feeling better about herself and more in control. She is applying to a teaching program and after a few months she has been offered a job in administration at a college. She has broken off her shaky friendship at this time as well.

Jennifer Pipp C.Girvani Leerer

North Soul Retrieval

Session date: October 2010

Client Background

Laney is a 36-year-old woman who works at a film distribution company. She has an art background. She is single and has an active social life. She has been studying herbalism and other natural modalities. She gets acupuncture treatments semi regularly. This is her 5th shamanic session with me. She is a close friend of mine.

Presenting Problem

Laney is unhappy with her job. She has been working at a film distribution company for the last 8 years and feels like it is a dead end. She was actually was planning on coming in to the session to speak about her job situation but instead all sorts of issues with her work came to her mind instead. She was feeling incredibly stuck and frustrated.

Session notes

I opened sacred space and she described her problem. She traced her problems with success traced back to her family. I opened my wiracocha, and had her select a stone. I had her close her eyes and trace her problem way back into her childhood. She had an imprint concerning her and her family’s appearance. When she was young her father lost his job because he was a head union represented and her mother became hypercritical of him and an alcoholic. There was a feeling of never being good enough that wove a thread through her life. I had her blow this into the blue south stone she was holding. I had her lay down and had her start breathing as I held her pressure points. I tested her chakras by holding the stone and a pendulum in my hand and found the 3rd chakra and 5th chakra held the imprint. I cleared out the 3rd chakra by working my rattle counterclockwise and then placed the stone with a tie to help keep it in place. I silently called in my jaguar to help me track and the linage for guidance and support. We went through one round of breathing that I guided her to direct towards the stone as I held her deepening points. I held her release points and cleared the Hoocha

Gathered in the third chakra. I checked in and had the message it was time to go to her underworld. I told her she could keep breathing and asked if I could journey on her behalf. She agreed and I rattled as I began to descend through the layers of the earth and quickly found the stream that washed me to the shore. I crossed the beach to a field. I knew right away I needed to clear because it was dark. I removed the stone from her chakra and used my crystal and ran it counterclockwise as I vacuumed up the darkness. This happened quickly and I placed the crystal into my mesa. I then proceeded with jaguar by my side. IT was a sunny day the area was lush with flowers. I approached a grey boulder and called out to her Huascar. He appeared and I confirmed that he was the proper Huascar and my Jaguar did as well. I asked for permission to go to the chambers and to have Huascar leads me there, he agreed and we went. The camber of wounds contained a geometric head that was framed by green lines. Huascar next took me to the chamber of contracts and in the room I found a book in the back that showed the statement “ don’t ever change, stay just like you are.” In the chamber of grace I saw a tree woman who was completely integrated to the beautiful setting she was in. Calm and beautiful drinking the energy of nature. In the chamber of gifts I found three blue eggs. All were ready to return and we went to the river together, I asked for a power animal to show itself and I Great Heron that was for her. I thanked Huascar and we all traveled up the river and then through he many layers of the earth. I Blew the Heron into her heart the Tree woman into her third chakra and the eggs into her third eye.

Cleared the chakra one more time with my rattle. Then I Illuminated and closed the third chakra. I told her about the tree woman, eggs and heron as she came back to the room.

Mapping

We worked in the new elements and honored the diamond face through a mesa proxy. WE also shifted the contract. I said I had found an old contract and we honored and shifted the contract as she stood and felt it in her body. It shifted to “As I walk through life I have the love and freedom to grow.” We performed sacred drama and she spoke to her tree woman. She found that there was strength in her heart that is always there to connect them. The heron was present to help her fly and lighten up. The Eggs were seeds of power. I asked her to build an altar to her tree lady and bring her eggs and Heron into her life as well as pictures or objects. I asked her to repeat her new contract many times each day.

Follow up.

I see Laney regularly, and within two days of the session she had been given a dream job offer at Harvard. It was at a place she went to regularly for fun, and now was being asked to apply as their Publicist. She actually received a competing job offer to become the CEO of the current place she worked and turned it down. She also found that after this session she was able to journey with greater ease in the underworld, until this point her power animals looked strange, now her Heron shows up regularly which has added a great deal to her journeying.

Jennifer Pipp C.Girvani Leerer

North Soul Retrieval

September 2011

Client Background

I met Debbie at the four winds, and she was in my Allyu. She is in her 30’s and lives up north. She had been going through a lot of changes since stepping on her path, and she quit her job in science. She had been exploring how things would take shape in her life. She was already a Reiki master and was starting to perform Shaman sessions as well. Money was very tight for her.

Presenting Problem

Debbie called me when she was in a pretty tough predicament. She didn’t have a job, and couldn’t get one because of a legal situation. She had no place to live. And her mesa had been taken away. This was in a large part a result of her being institutionalized by her mother.

Session notes.

This was a Skype session.

Opened sacred Space.

Opened wiracocha.

There was a flood of information about her worries. She was feeling an incredible amount of guilt. She felt responsible for her mothers suffering. She felt responsible to fix anyone who is not happy. Felt there was no room to make mistakes. She felt surrounded by her mother’s anger and responsible to keep her from dying. Little was said about how she was not in abundance herself.

I had Debbie map this out with objects in her room. She had already been drawing and mapping out her life and her drawing elements came into a form. It was a jumble of items including a piece of moss. It felt messy and confused.

I had her blow all of this into the stone I received from Don Francisco. I tracked it strongly in her first, second, and fourth chakras. I unwound her first chakra and placed the stone. I engaged her deepening points and had her start breathing and moving the energy to the stone. I was called to the underworld immediately and I traveled down to Huascar, through the earth to the stream onto the bank and to the stone. I found him there and we went to the chambers. In the chamber of wounds there was darkness and a feeling of great terror. And I used Huascar and Jaguar to check it out. We moved on to the contracts. I found “your life does not belong to you.” In the chamber of grace there was an elegant Victorian workman. There were golden spectacles in the chamber of gifts. At the bank of the river a Dolphin showed up. I thanked Huascar. Everything was ready to come back. I traveled up the river and up through the earth. I blew the soul part into the first chakra. The Dolphin went into the heart. The Spectacles were in the 6th chakra. I continued with the breathing. There was a fluid energy that I quickly removed with my extraction crystal, and then placed that to the side. I had jaguar mulch and called in Ausungate as I finished cleaning out her first chakra. Then I removed the stone, blew on it and illuminated. I also decoupled her.

Mythic Mapping

We worked through the soul part and gifts one at a time. She sent to the Victorian Woman first. I had her drop in and acted as her proxy asking, “what can I do to make you safe and comfortable?” She responded, “ Do not be afraid, I am not a weakness. You can be softer, it is safe now. Open your heart. “ We worked the contract and it shifted to “I am the center of my life.” The golden Spectacles were asked “what are you here for?” they replied “A new way to see the world. Just open your eyes, this is going to be fun.” The dolphin said “ride with me on the waves of joy. Travel with me, you don’t have to be still. Joy. Speed. Light. Water. Fun. Put on your spectacles and lets go for a ride.”

We returned to the map she made at the beginning of the session. She saw the moss as a nest, and there was a sprout coming out of it. I had her bring that into her first chakra.

Follow up

Debbie’s turn around was amazing. In less than a week she had Mesa stones back, a job that could pay her and she had a place to live in exchange for cooking. A complete shift in all of her blocks. She was in great spirits and she glowed with positive energy. It was a truly amazing thing to witness. She did an amazing job connecting to her desires.